

Heart of Jesus, Abyss of All Virtues How to Imitate the Virtues of the Sacred Heart

(from Fr Lasance's *Blessed Sacrament Prayerbook*)

The most excellent exercise of devotion to the Sacred Heart consists in the imitation of the virtues. It is an *abyss* of all virtues; and nowhere do these virtues appeal to us more intimately or with more attractive power than in the Blessed Eucharist. Here we come face to face with them; they appear, in a sense, before our very eyes, or come within the range of our exterior senses. Let us take a glance at some of them.

1 A life of *holiness, detachment, strength*. --The Sacred Heart in the Blessed Eucharist leads a life of *holiness, of detachment, of strength*, midst apparent weakness. It thereby preaches to us from the tabernacle hatred for sin and the cultivation of innocence of heart. It calls on us to withdraw, like It, from the inordinate love of the world and of exterior things, and teaches us to despise what the world values and loves, and to value and esteem what the world despises and condemns. It likewise calls us to be valiant and patient in the spiritual combat, and to realize, like St. Paul, that our strength consists in the humble confession of our weakness.

2 A life of *mekness, humility, self-sacrifice*. --The Sacred Heart in the Blessed Eucharist leads a life of *mekness, of humility, of recollection, of self-sacrifice*. It is not inflamed to anger, nor does It ever avenge the insults and the outrages often offered to It. It hides the splendors of the divinity beneath the lowly eucharistic veils. It lives a life of perpetual and close union with the heavenly Father, wrapt in ecstasies of endless praise and prayer to God. It immolates Itself as a perpetual victim for the sins of men. In all these things It offers the most perfect and attractive model for our imitation.

3 A life of *interior peace*. --The Eucharistic Heart of Christ is a model of *interior peace*. Amid the noise and turmoil of the world around, amid the outrages and insults, or at least neglect with which It meets so often, Its peace is never ruffled. It dwells in everlasting calm. It thereby teaches us not to lose our peace of mind amid the noise, the anxieties, the untoward events of life.



**TRUST
HIM**



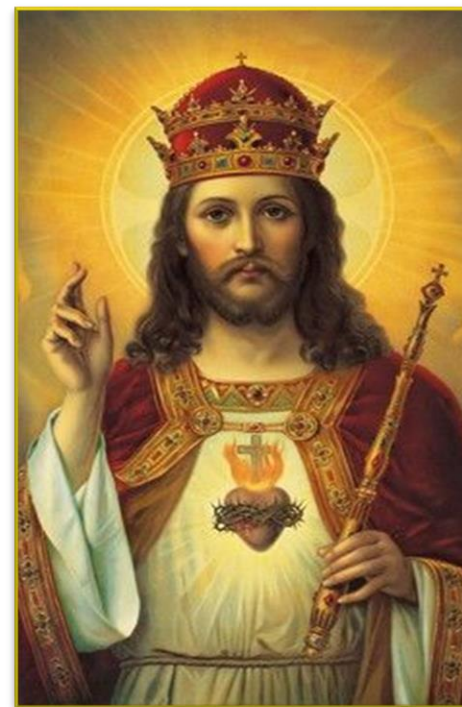
Trust Him when dark doubts shall assail thee;
Trust Him when thy strength is small.
Trust Him when to simply trust Him
Seems the hardest thing of all.
Trust Him, He is ever faithful;
Trust Him for His will is best,
Trust Him, for the Heart of Jesus
Is the only place of rest.
Trust Him, then, through doubts and sunshine;
All thy cares upon Him cast,
Till the storm of life is over,
And thy trusting days are past.

Sacred Heart of Jesus Traditional Catholic Church

1245 AR-5, Mountain View, Arkansas 72560

Offering exclusively the Traditional Roman Catholic Mass and Sacraments.

Third Sunday after Pentecost



"All the faithful should be aware that to participate in the Mass is their chief duty and supreme dignity." Pope Pius XII

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MASS SCHEDULE

Month of the Sacred Heart of Jesus

<u>Sunday, June 14</u> 8:00 AM 10:00 AM 4:00 PM in Roland	3rd Sunday after Pentecost / St Basil the Great, BCD Pro Populo Private Intention Private Intention
<u>Monday, June 15</u> <i>no Mass</i>	Feria / Ss Vitus & Comp, Mm Private Intention
<u>Tuesday, June 16</u> 8:00 AM	Feria / St John Francis Regis, C Private Intention
<u>Wednesday, June 17</u> 8:00 AM 6:00 PM	Feria / St Avitus, AbC Private Intention Rosary, OMPH devotions, Prayer for Priests <i>~ for our priests and for many fervent vocations!</i>
<u>Thursday, June 18</u> 8:00 AM	St Ephrem, Deacon, CD / Ss Mark & Marcellinus, Mm Private Intention
<u>Friday, June 19</u> 8:00 AM	St Juliana Falconieri, V Private Intention
<u>Saturday, June 20</u> 8:00 AM	BVM Saturday / St Silverius, PM Private Intention
<u>Sunday, June 21</u> 8:00 AM 10:00 AM 4:00 PM in Roland	4th Sunday after Pentecost / St Aloysius Gonzaga, C Pro Populo Private Intention Private Intention

If you would like to have a Mass offered for a specific intention, the intention may be submitted to the Priest. If it is for a person, please specify whether the person is living or deceased, and Catholic or non-Catholic. The customary stipend for offering the Mass is \$25.00.



ANNOUNCEMENTS

- Many thanks to those who helped with highway cleanup yesterday – God bless you!
- Please keep in your prayers: CJ Knight and Clare Grossman, as they pledge their betrothal promises this morning.
- Closing hymn: To Jesus' Heart all-Burning, page 81, #37.

Jesus, meek and humble of heart, Make our hearts like unto Thine.

External charity consists in our words and actions towards our neighbor. As to words,

First, we must abstain from the least shadow of detraction. A detractor is hateful to God and man. On the contrary, he who speaks well of every one is beloved by God and men. When a fault cannot be excused, we must at least excuse the intention.

Secondly, let us be careful not to repeat to any one the evil that has been said of him by another; because sometimes long enmities and revenge arise from such things. "He who sows discord is hated by God."

Thirdly, we must take care not to wound our neighbor by saying anything that may hurt him; even in jest.

Fourthly, let us avoid disputes; sometimes trifling quarrels end in abuse and rancor. We have also to guard against the spirit of contradiction. Give your opinion, and then be quiet.



Fifthly, let us speak gently to all. And when our neighbor is angry with us, and is somewhat abusive, let us answer meekly, and the quarrel will be at an end: "A mild answer breaketh wrath." And when we are annoyed by our neighbor, we must be careful not to say anything; because our passion will then make us go too far; it will make us exaggerate; but afterwards we shall certainly be sorry for it. St. Francis de Sales says, "I was never angry in my life, that I did not repent of it shortly afterwards." The rule is to be silent as long as we feel ourselves disturbed.

Pray for the living: Jayme Shedenhelm, Daniel Kramer, Mark Narlesky, Tony Gable, Jones family, Amaranta Torres Rodriguez, Cecilia Rodriguez and baby, Melvin Geckle, Joe Dias, Manuel Cordova, Mickey Ellis, Shelby Littlejohn, those affected by Hurricane Helene, Don & Babette Lobban, Gil Credeur, Diane & John Pawlowski, Luis Martinez, Kristine Neal

Pray for the faithful departed: Fred Nardecchia, Evelyn Craney, Manuel Cordova (Fr Ephrem's father), Audrey Hockel, Sr Mary Claretia, Fr Leo Carley, Linda Io, Milt Nelson, Ted Jones, Nancy Ciccone, Gerald Crochet, "Ernest," Eddie Solomon, Mary Tarnowski, Guillaume Bega, Joseph Vogel, Patsy Nash, Josie Mascarenas, Fr James Thielen, Carlos Zepeda Sr, Kathy Winter

Monthly Collection

March 2026: \$7,873.97

April 2026: \$4,699.17

May 2026: \$8,978.85

"For from the rising of the sun even to the going down, my name is great among the Gentiles, and in every place there is sacrifice, and there is offered to my name a clean oblation: for my name is great among the Gentiles, saith the Lord of hosts." *Malachi 1:11*