

The Virtue of Modesty

One of the most basic and vexing problems in moral education is how to make virtue more attractive than vice. In this regard, modesty plays a key role. Modesty is inherently attractive because it invites one to examine the quiet depth of true beauty. Display is not as attractive as it is conspicuous. But what is merely conspicuous is often shallow. It is only natural for people to lift up the modest and be turned away by the proud.



Goodness should not be invisible. It should not be colorless. On the other hand, it should not dazzle nor overpower. It should compel, not impel; attract, not attack. Modesty is the virtue that presents goodness in its proper color: one of elegance rather than affluence, economy rather than extravagance, naturalness rather than ostentation. "What a power has white simplicity," Keats aptly remarked. Modesty is the virtue that allows one to focus on what is good without being distracted by irrelevant superficialities.

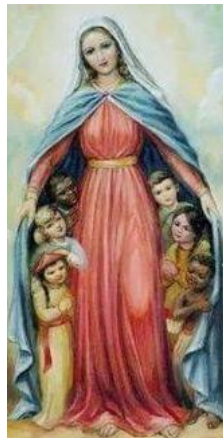
The modest person is content with living well and performing good deeds without fanfare. He is always averse to gilding the lily. He is confident without being demure, unpretentious without being self-defeating. Modesty is, as it were, the body's conscience, an awareness of the Divine Presence in the soul possessing sanctifying grace. The modest person is not interested in displaying his talents and attainments for people to admire. He even shuns making himself the subject of conversation.

Modesty seems out of step with the modern world. As a rule, people are most eager to impress others. Despite the arrogance and the artificiality of the modern world, modesty retains an unmatched power. When modesty speaks, its unvarnished eloquence presents that which is true, dependable, and genuine. Modesty is concerned with honesty, not deceit. Therefore, it has little patience with flattery and adulation. Nor is it inclined to exaggerate or boast. The essence of modesty is self-forgetfulness.

*Marylike in soul and body! Marylike in mind and heart!
Marylike in every action; child of God, how fair thou art!
Fair to Christ and all His Angels; fair to earth, since thou art seen
To be like her -- like Mary, earth's and Heaven's fairest Queen.*

*May'st thou learn her gentle manner and her calm and queenly ways;
May'st thou learn her art of bearing words of censure or of praise,
May'st thou learn the hidden secret of her smile so kind, so true,
Which reflects the radiant beauty of her pure soul gleaming through!*

*In a word, may all her greatness, all the sweetness of her ways,
All the inner grace and beauty Heaven and Earth delight to praise,
Find their likeness in thy soul, child of Mary as thou art,
Making thee more like thy Mother, ever dearer to her heart.*



Sacred Heart of Jesus Traditional Catholic Church

1245 AR-5, Mountain View, Arkansas 72560

Offering exclusively the Traditional Roman Catholic Mass and Sacraments.

Sixth Sunday after Pentecost



"All the faithful should be aware that to participate in the Mass is their chief duty and supreme dignity." Pope Pius XII

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MASS SCHEDULE

Month of the Most Precious Blood of Jesus

<u>Sunday, July 5</u>	6th Sunday after Pentecost / St Anthony Mary Zaccharia, C
8:00 AM	Pro Populo
10:00 AM	Private Intention
4:00 PM in Roland	Private Intention
<u>Monday, July 6</u>	Feria / St Thomas More, M
<i>no Mass</i>	Private Intention
<u>Tuesday, July 7</u>	Ss Cyril & Methodius, BbCc
8:00 AM	Private Intention
<u>Wednesday, July 8</u>	St Elizabeth of Portugal, QW
8:00 AM	Private Intention
6:00 PM	Rosary, OMPH devotions, Prayer for Priests ~ <i>for our priests and for many fervent vocations!</i>
<u>Thursday, July 9</u>	St Maria Goretti, VM
8:00 AM	Private Intention
<u>Friday, July 10</u>	Seven Holy Brothers, Mm / Ss Rufina & Secunda, VvMm
8:00 AM	Private Intention
<u>Saturday, July 11</u>	BMV Saturday / St Pius I, PM
8:00 AM	Private Intention
<u>Sunday, July 12</u>	7th Sunday after Pentecost /
	St John Gualbert, Ab / Ss Nabor & Felix, Mm
8:00 AM	Pro Populo
10:00 AM	Private Intention
4:00 PM in Roland	Private Intention

If you would like to have a Mass offered for a specific intention, the intention may be submitted to the Priest. If it is for a person, please specify whether the person is living or deceased, and Catholic or non-Catholic. The customary stipend for offering the Mass is \$25.00.



ANNOUNCEMENTS

- Today: second collection for the Bishop's works; blessing of religious articles after Mass
- Closing hymn for July: Faith of our Fathers, p 197, #64, verses 1 & 3.

Consider how great and worthy is He who hangs on the cross for you.

A divine, eternal ordinance decreed that one of the soldiers open His sacred side with a lance. Thus was the Church formed from the side of Christ as He slept the sleep of death, as Eve was drawn from Adam's rib while he slumbered.

The blood and water which poured out were the price of our salvation. Flowing from the secret abyss of our Lord's heart as from a fountain, this stream gave the sacraments of the Church the power to confer the life of grace, while for those already living in Christ it became a spring of living water welling up to life everlasting.



Arise, then! Draw from the wells of your Savior; for this is the spring flowing out of the middle of paradise, dividing into four rivers, inundating devout hearts, watering the whole earth and making it fertile. Run with eager desire to this source of life and light. Come, and cry out to Him with all the strength of your heart:

"O almighty and everlasting God, Who didst appoint Thine only-begotten Son the Redeemer of the world, and hast willed to be appeased by His blood, grant unto us, we beseech Thee, so to venerate with solemn worship the price of our redemption, and by its power be so defended against the evils of this life, that we may enjoy the fruit thereof for evermore in heaven."

Let us do homage to the Precious Blood of our Redeemer which the priest offers to God on the altar.

Saint Bonaventure

Pray for the living: Joan Taber, Jayme Shedenhelm, Daniel Kramer, Mark Narlesky, Tony Gable, Jones family, Amaranta Torres Rodriguez, Cecilia Rodriguez and baby, Melvin Geckle, Joe Dias, Manuel Cordova, Mickey Ellis, Shelby Littlejohn, those affected by Hurricane Helene, Don & Babette Lobban, Gil Credeur, Diane & John Pawlowski, Luis Martinez, Kristine Neal
Pray for the faithful departed: Fred Nardecchia, Evelyn Craney, Manuel Cordova (Fr Ephrem's father), Audrey Hockel, Sr Mary Claretia, Fr Leo Carley, Linda Io, Milt Nelson, Ted Jones, Nancy Ciccone, Gerald Crochet, "Ernest," Eddie Solomon, Mary Tarnowski, Guillaume Bega, Joseph Vogel, Patsy Nash, Josie Mascarenas, Fr James Thielen, Carlos Zepeda Sr, Kathy Winter

Monthly Collection

April 2026: \$4,699.17

May 2026: \$8,978.85

June 2026: \$4,170.81

"For from the rising of the sun even to the going down, my name is great among the Gentiles, and in every place there is sacrifice, and there is offered to my name a clean oblation: for my name is great among the Gentiles, saith the Lord of hosts." *Malachi 1:11*